



ABIDING HEALTH
CONCIERGE MEDICINE



PERSONALIZED, PHYSICIAN-LED CARE WITH HEART

BY: SARAH MARILYN

Answer Health is proud to welcome Abiding Health Concierge Medicine and Dr. Gabriel “Gabe” Dunn, MD, to our growing network of independent practices.

A native of Grand Haven, Dr. Dunn is a board-certified family medicine physician who returned home to build something deeply personal — a private, physician-led practice rooted in faith, relationship, and whole-person care.

“At Abiding Health, our mission is to glorify Christ through meaningful, honest, and compassionate care,” Dr. Dunn shares.

INDUSTRY INNOVATION >

WHERE INNOVATION MEETS COMPASSION

When asked how he balances cutting-edge treatment options with a patient-first approach, Dr. Dunn’s answer begins simply:

“Balancing cutting-edge treatment with a compassionate, patient-first approach starts with listening.”

He explains that new therapies often bring hope — and important questions.

“I make it a priority to understand what matters most to each patient and address those concerns thoughtfully and honestly. I clearly explain what we know from the evidence, while also being transparent about what we don’t yet know.”

By combining the best available science with a patient’s individual values, goals, and comfort level, care becomes collaborative.



With bitter cold temperatures outdoors, it's important that families remain safe this winter, and Dr. Gabriel Dunn from Abiding Health Concierge Medicine in Grand Haven has some simple tips.

This thoughtful approach has also been highlighted in recent community health segments, including features on WOOD-TV’s health programming, where Abiding Health shared practical tips to help families stay healthy during the winter months.

THE POWER OF PERSONALIZED MEDICINE

One patient story perfectly illustrates the impact of unhurried, detailed care. An elderly patient came to Abiding Health with worsening memory concerns. Dr. Dunn performed baseline cognitive testing and conducted a comprehensive medication review.

“We discovered he had remained on Lyrica long after his post-operative pain had resolved.”

After safely discontinuing the medication, the patient’s cognitive scores improved significantly within one month.

“Thorough history-taking, detailed medication review, and unhurried care can dramatically change outcomes. This is the difference personalized medicine makes.”





CARE BUILT ON RELATIONSHIPS

As a small, husband-and-wife-led practice, Abiding Health operates without call centers, layers of administration, or institutional barriers.

“When patients call or send a message, they know exactly who they’re reaching – and we know exactly who they are,” Dr. Dunn explains. “We understand their unique medical history, their family dynamics, their stressors, and their goals because we’ve taken the time to truly know them.”



BEST PRACTICES STAYING AHEAD — THOUGHTFULLY

Healthcare continues to evolve, and Abiding Health remains committed to growth and continued learning.

“We consistently read, study emerging research, and follow industry developments. Continuing education and thoughtful evaluation of new tools are part of our routine.”

But beyond staying informed, the practice values agility.

“Our size allows us to implement improvements quickly without layers of bureaucracy. If something meaningfully benefits our patients, we can adapt and course-correct in real time.”

That flexibility allows Abiding Health to remain both evidence-driven and deeply intentional in how care is delivered.

He maintains communication with local specialists, pharmacists, therapists, and home care teams – and when needed, connects with nationally recognized institutions such as Mayo Clinic and Cleveland Clinic.

“Each member of the care team brings a unique perspective. When those insights are coordinated and viewed within the bigger picture of a patient’s health, we’re able to execute a more thoughtful, cohesive, and effective plan.”

A WELCOME ADDITION TO aH

Abiding Health exemplifies what independent medicine does best: combining expertise, accessibility, and authentic relationships to deliver thoughtful, high-quality care.